

**Essence:** Sweet children, become introspective and practise staying in remembrance. Check for how long you remain soul conscious and God conscious.

**Question:** What are the signs of the children who sit in solitude and practise being soul conscious?

**Answer:** 1) No wrong words would emerge through their lips. 2) They have brotherly love for others, and remain like milk and honey. 3) They are virtuous and never act sinfully. 4) Their vision of others is always sweet, they never become body conscious and never cause anyone sorrow.

Om shanti. The spiritual Father speaks to you spiritual children. If Baba were to say "to the spirits" then it wouldn't be to human beings. Therefore, the spiritual Father says to the spiritual children: Consider yourself a soul. We souls receive knowledge from the Father. Children, remain soul conscious! Baba has come to take you home. In the golden age you are soul conscious but not God conscious. Here, you become soul conscious and God conscious, because you are Baba's children. There is a world of difference between here and there. You have to study here to become soul conscious, but there is no question of having to study there for that. Here, each of you has to practise considering yourself to be a soul. If you listen with the faith that it is Baba who is teaching you, you would be able to imbibe it all well, and become soul conscious. Although it sounds very easy, the destination of stabilising oneself in this stage is very high. Children, you should each relate your own experience of how much you consider yourself a soul whilst speaking to others, and how much you look at them as souls. Baba says: Though I am sitting in this body, the practice of seeing everyone as a soul is quite natural. I only see the children as souls. I teach only the souls. It is the soul that plays a part on the path of devotion, and whilst playing that part, it becomes impure. Then the soul has to become pure again. Unless you consider the Father to be the Supreme Soul and remember Him, you can't become pure. Children, in order to do this you must practise becoming introspective and having remembrance. This knowledge is very easy, but you also have to have the faith that you, the soul, are studying and that it is Baba who is teaching you. Then, you will be virtuous and not commit any sin. It is not that you no longer commit sin now; it is at the end only that you become the conquerors of sinful actions. The vision of brotherhood is very sweet; there is no body consciousness in this. Children, you have to understand that Baba's knowledge is very deep, and that if you want to become the highest of all, you must practise pondering over it very well. In order to become introspective, you need solitude. At home and at your business you don't have solitude. This is why here, in Madhuban, you can practise very well only seeing others as a soul, and considering yourself a soul. By practising this here, it will become a habit. Keep a *chart* of how long you remain soul conscious, of how long you consider yourself to be a soul, conversing with other souls. You must practise this very well. Children, you do understand that it is correct that we must continue to remove body consciousness and become soul conscious; that we must imbibe this and help others to imbibe it too. Try your best to consider yourself to be a soul and remember the Father. This *chart* is very *deep*. You maharathi children understand that the *subject* that Baba gives us daily to churn, has very deep *points*. So, you should not speak wrong words to anyone. There has to be great brotherly *love* for each other. All of us are the children of God. You know that the praise given to the Father is totally distinct from Krishna's praise. Krishna is praised as being all-virtuous and completely viceless, but where did he get those virtues from? His praise is distinct. However, he was made all virtuous by Baba, the Ocean of Knowledge. You should check yourselves very carefully and keep an accurate account of every step you take. Businessmen write up their accounts of the whole day in the evening. Your checking is also a business. At night, check whether you looked at everyone with brotherly vision, or whether you upset anyone. You brothers know that you are going to the ocean of milk. This world is the ocean of vice. You are neither in the kingdom of Ravan now, nor in the kingdom of Rama, but are in-between the two. Therefore, now, consider yourself to be a soul and remember the Father. Check how much you have been looking at others with the vision of brotherhood. All of us souls are brothers playing our roles through these bodies. The soul is imperishable and the body is perishable. Now that we have played our part through eighty-four births, Baba has come. He says: Remember Me alone! Consider yourself to be a soul. By considering yourself to be a soul, your vision of brotherhood becomes firm. Baba only explains these things to you. No one else has

the part of explaining these things. There can be no question of giving inspirations. Children, Baba explains to you just as a *teacher* explains. You should devote some time to thinking about all of these things. Though Baba has given you permission to carry on with your business etc. it is still essential to stay on the pilgrimage of remembrance as well. You must also make *time* for this. Everyone's *service* is different. Some can devote more time than others. You should also write in *magazines* and explain the method by which we remember the Father and how our vision can be the vision of brotherhood. Baba comes here and teaches all souls. It is at this time that the souls have to be filled with the *sanskaras* of divine virtues. When people ask you what the ancient yoga of Bharat is, you should be able to explain to them. However, at present, there are very few of you; you haven't become that renowned yet. God is teaching yoga, so His children must also surely exist; they must also know this. However, no one knows that incorporeal God, the Father, Himself, explains how He comes and teaches. He says: I come at the confluence age of every cycle and explain how I come, and whose body I enter in order to explain. There is nothing to be confused about in this. It is predestined in this *drama* that I only enter this one. Creation takes place through Prajapita Brahma. He becomes the first and most important child. It is through him that I create the original eternal deity religion and then he becomes the first one again. The explanation in this picture is very good. No one else can explain how Brahma becomes Vishnu and how Vishnu becomes Brahma. You must find a way to explain everything accurately. You know how Baba creates the original eternal deity religion and how the cycle turns. Others do not know of these things. This is why Baba tells you to find a clever way to write about who can teach yoga accurately. Then, when people realise this, many will come to you and all those big ashrams will start to shake. This will happen at the end, and people will be amazed. All other institutions belong to the path of devotion. Not a single one belongs to the path of knowledge. Only at the end, will you attain victory. You know that every five thousand years Baba comes and teaches us. Then, what we learn from the Father, we then teach others. You should invent clever ways to explain this to others in writing, so that many will come to know that no one but the one Father, can create this one religion. You know that on one side there is the kingdom of Ravan, and on the other side there is Rama. You are conquering Ravan, and everyone else belongs to the community of Ravan. You are the very few who belong to the community of God. There is so much *show* on the path of devotion. Wherever they see a little water, they arrange a fair. They spend so much money, and many drown there and die! Those things do not happen here, though Baba says: The great wonder is that some recognise Me, listen to Me, explain to others and observe purity, and then, oh Maya! They are defeated by you. The same thing happens every cycle with those who are defeated by Maya. This is a war against Maya and the influence of Maya. The path of devotion has to shake. For half a cycle, you enjoy your reward, and then when the kingdom of Ravan starts, the path of devotion also starts. The signs of this have remained all this time. They can no longer be deities when they start to indulge in vice. No one else in the world understands how those human beings became vicious. And, because no one has understood, it was just written in the scriptures that the deities took the path of sin. You have to understand these matters very clearly before you explain them to others very clearly. It is only when you have faith in your intellect that you can understand these things. Those who do have faith will experience being pulled by the Father, and will then ask you to take them to Him. However, you must check when they go back home, whether they still retain as much intoxication and whether their intellect still has faith. When they have a craving for remembrance, they will write a letter, saying: "Oh Baba! You are my true Father! I receive the highest inheritance from You! I can no longer stay without meeting You!" After the engagement, there is the meeting. There is great eagerness to meet each other after they have been engaged. You know that your unlimited Father is also your *Teacher*, your *Beloved* and everything else. You have been made unhappy by everyone and in contrast to that, Baba gives so much happiness! You are now being bound in the relationship of happiness and will then go to the world where everyone gives happiness. This auspicious confluence age is the time in which you can become the most elevated human beings. The most important thing is to consider yourself to be a soul and to remember the Father with great love. It is through this remembrance that your mercury of happiness will rise. We are the ones who have performed the most

devotion and the ones who have also stumbled the most. Now that Baba has come to take us home, we must become pure and imbibe divine virtues. Also put in your chart how many you introduced to the Father throughout the day. Children, you won't feel happy unless you have given someone this introduction. Even though many obstacles are thrown in this sacrificial fire and some mothers are tortured, there is this deep desire to do this service. In other religious gatherings, the question of observing purity doesn't even arise. Here, however, you have to become pure and this is why devilish people obstruct you. After you have become pure you will be taken back home. It is the soul that carries the sanskaras. Soldiers are told "If you die on this battlefield, you go to heaven." This is why they are very happy to fight. Many *commanders*, *majors* and soldiers have come to you from all sorts of places. If you still remember your friends and relatives on this battlefield you cannot go to heaven. Baba explains: Everyone now has to go back home, so consider yourself to be a soul and see one another as brothers and remember the Father. You attain your status there according to the level of effort you make here. Although they say that they are brothers, they don't know what that means. They don't know the Father. Some people believe that they are doing altruistic service and have no desire for any reward. However, everyone has to receive the fruit of what they do. Only the Father can do altruistic service. Children, you understand that the Father is defamed so much! Deities have been defamed as well. Deities cannot commit violence. Here, you become doubly non-violent, you neither use the sword of lust nor do you become angry. Anger is a very big vice. Some children tell Baba that they sometimes become angry with their small children. So Baba explains that you must not slap them, because they are also your brothers; they are also souls. Souls never become larger or smaller. They are not your children but your younger brothers; you must also consider them to be souls. You wouldn't beat your little brother, would you? Krishna is shown in the scriptures being tied to a tree (by his mother for punishment). Such things never really happened. They are just different moral teachings. Why should Krishna steal butter to eat? They even praise him for stealing! When you sing praise of Krishna, the words of praise you use are correct. Krishna is complete and full of all virtues and sixteen celestial degrees completely pure. His defamation is also destined in the *drama*. Everyone has now become tamopradhan and so, Baba has come to make you satopradhan. The unlimited Father has come to teach you, so, you should follow His instructions. This is the most *difficult subject*, but you can also claim such a high status! If it were very easy, everyone would pass the exam. Great effort is required. You commit sin when you are body conscious, and this example of the "Touch-me-not" plant is given. By remembering Baba, you will become strong. By forgetting Baba, you will make one or another mistake and your status will be reduced. These teachings are for everyone. Later on, that Gita is written from them. In order to make people afraid of committing sin, many fearful stories have been written in the Garuda Purana. In the kingdom of Ravan there is sin because it is the forest of thorns. Baba says: Transform your vision. Everyone has become accustomed to seeing the physical, and this is why there is so much love for the body. What use is there in loving perishable things? By having love for the imperishable and eternal One your attainment is eternal and imperishable. Children, Baba gives you this instruction: Whilst walking, talking and moving around, remember the Father. Achcha.

To the sweetest, beloved, long-lost and now-found children, love, remembrances and good morning from the Mother, the Father, BapDada. The spiritual Father says namaste to the spiritual children.

#### Essence for dharna:

1. Remove your love from perishable bodies and have love for the eternal soul. Remember the eternal Father. Souls are brothers. Practice remembering that you are conversing with your brother.
2. Churn the ocean of knowledge and create such a stage that you never say anything wrong. Check your account at every step you take.

**Blessing:** May you be an avyakt angel who *switches on the light* of a powerful stage and puts an end to all wasteful darkness.

Darkness is dispelled when a *light* is switched on. Similarly, your powerful stage is also a *light switch*. When you switch it on, you put an end to all wasteful darkness and no longer have to labour to stop any wasteful thoughts. By making your stage this powerful, you become a great donor and a bestower of blessings because to be a donor means to be one who has power. Only a powerful soul is able to donate in this way. Where there is power, there is no wastefulness. This is the elevated task of an avyakt angel.

**Slogan:** Your occupation is that of a peace messenger who bestows peace on everyone.

\*\*\* OM SHANTI \*\*\*